

SHINE BRIGHT WITH S.T.A.R. FEEDBACK!

Give feedback that's smoother than a perfect IV stick.

S-SPECIFIC

Pinpoint the behavior or action clearly.

"Your compression depth was spot on – just focus on pacing"

T-TIMELY

Give feedback soon after the action while it's still fresh.

"Right after the call is the best time. Don't wait until next week!"

A-ACTIONABLE

Focus on what can be improved or repeated.

"Let's run a 2 minute drill tomorrow to tighten that skill!"

R-RESPECTFUL

Keep it professional and growth minded, even when it's tough.

"You've been working hard. Here's one area we can sharpen together."

REAL-LIFE EXAMPLE:

Great job stabilizing the patient! Next time, try assigning roles a little faster to get the code started in under 38 seconds. Let's practice that this week. Keep up the awesome teamwork!"

USE S.T.A.R. TO GROW SKILLS, BUILD TRUST, AND SAVE LIVES.

(Feedback that sticks, grows, and shines!)

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Rooted in research for better learning & teamwork

